

THARP \& YOUNG ON ICE CREAM
An Encyclopedic Guide
to Ice Cream
Science and Technology


BRUCE W. THARP L. STEVEN YOUNG

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## Basic Considerations

- Sweetness is critical to the formulation, manufacturing, distribution and enjoyment of ice cream and other frozen desserts
- Sweeteners = 20-100\% of total mix solids $\&$ IC = ~ 20\% (do not forget lactose!!)
\& Sorbet \& water ices, etc. = 100\%
- Amount/type sweetener(s) to use predicated on type \& quality of frozen dessert product to be made
- 50+ individual sweeteners (not counting blends, bulking agents, etc.) available

