



# Every piece of dairy matters

See the whole health benefits of the Dairy Matrix

Today, more and more scientists are looking at nutrients in a whole new way: not in isolation but as part of a larger food matrix with holistic benefits. And this includes dairy. Discover how the complex structures and nutrients in dairy come together to impact our health in surprising ways.

See why The Dairy Matrix matters:

[dairymatters.com/hcp](https://dairymatters.com/hcp)